

# Towpath Marathon, Full Marathon Length Aid Stations

## Start – north of Boston Mills Parking Lot

Water  
Restroom Facilities

## Boston Store – Mile 0.9

Water  
Gatorade - Electrolyte Drink  
Restroom Facilities

## 10 K Turnaround – Mile 2.2

Water  
Gatorade

## Lock 29 – Mile 3.2

Water  
Gatorade  
Restroom Facilities

## Valley Picnic Area – Mile 4.2

Water  
Gatorade

## Oak Hill – Mile 5.3

Water  
Gatorade

## Hunt Farm – Mile 7.1

Water  
Gatorade  
Restroom Facilities

## Ira Road Trailhead – Mile 8

Water  
Gatorade  
Restroom Facilities

## Marathon South Turnaround – Mile 9

Water  
Gatorade  
Restroom Facilities

## Ira Trailhead – Mile 10

Water  
Gatorade  
Restroom Facilities

## Hunt Farm – Mile 11

Water  
Gatorade  
Bananas  
Restroom Facilities

## Oak Hill – Mile 12.3

Water  
Gatorade

## Valley Picnic Area – Mile 13

Water  
Gatorade  
Fruit

## Lock 29 – Mile 14

Water  
Gatorade  
Restroom Facilities

## Stumpy Basin – Mile 15

Water  
Gatorade  
BOOM Energy Gel

## Boston Store – Mile 16.8

Water  
Gatorade  
Restroom Facilities

## Stanford Hostel – Mile 17.8

Water  
Gatorade

## Red Lock – Mile 19

Water  
Gatorade  
Restroom Facilities

## Old Carriage Trail – Mile 20.4

Water  
Gatorade

## Station Road – Mile 21.6

Water  
Gatorade  
Bananas  
Restroom Facilities

## Old Carriage Trail – Mile 23.2

Water  
Gatorade

## Red Lock – Mile 24.21

Water  
Gatorade  
Restroom Facilities

## Stanford Hostel – Mile 25

Water  
Gatorade

## Boston Store – Finish 26.2

Water  
Gatorade  
Restroom Facilities