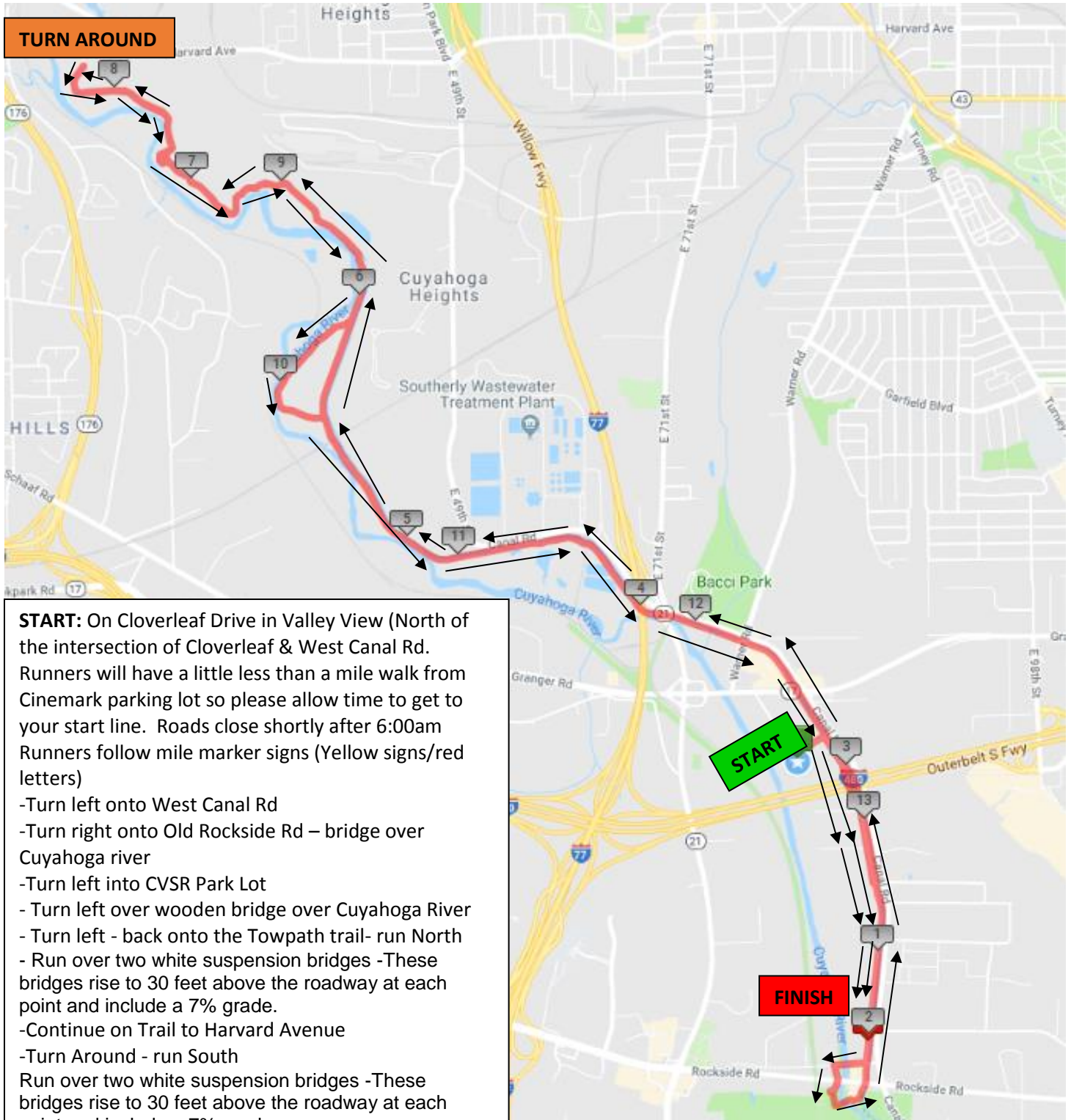


TOWPATH HALF – CLEVELAND METROPARKS



START: On Cloverleaf Drive in Valley View (North of the intersection of Cloverleaf & West Canal Rd. Runners will have a little less than a mile walk from Cinemark parking lot so please allow time to get to your start line. Roads close shortly after 6:00am

Runners follow mile marker signs (Yellow signs/red letters)

- Turn left onto West Canal Rd
- Turn right onto Old Rockside Rd – bridge over Cuyahoga river
- Turn left into CVSR Park Lot
- Turn left over wooden bridge over Cuyahoga River
- Turn left - back onto the Towpath trail- run North
- Run over two white suspension bridges -These bridges rise to 30 feet above the roadway at each point and include a 7% grade.
- Continue on Trail to Harvard Avenue
- Turn Around - run South

Run over two white suspension bridges -These bridges rise to 30 feet above the roadway at each point and include a 7% grade.

- Stay on Towpath to Finish Line in parking lot of Cuyahoga County Department of Public Works.